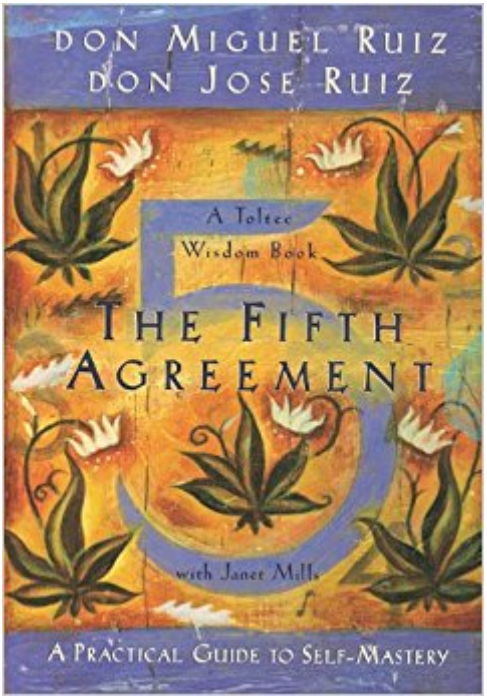
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The Fifth Agreement: A Practical Guide To Self-Mastery (Toltec Wisdom)



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Synopsis

In The Four Agreements, don Miguel Ruiz revealed how the process of our education, or Ã¢â ¬Å“domestication,Ã¢â ¬Â• can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The Four Agreements help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love. In The Fifth Agreement, don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on The Four Agreements, and a powerful new agreement for transforming our lives into our personal heaven. The Fifth Agreement takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this compelling sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

Book Information

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Customer Reviews

don Miguel Ruiz is the international bestselling author of The Four Agreements (a New York Times bestseller for over a decade), The Four Agreements Companion Book, The Mastery of Love, The Voice of Knowledge, The Circle of Fire, and The Fifth Agreement. The teachings of Ruiz are best known for transforming complex human issues into simple common sense Ã¢â ¬â • a talent that has earned him millions of fans, international acclaim, and a vote of approval from Oprah Winfrey.

Sales of his Toltec Wisdom Series have soared to over 10 million copies in the United States, and have been translated into more than 40 languages worldwide.don Jose Ruiz grew up in a world where anything was possible. From the moment he could speak, he became an apprentice of his nagual (shaman) father, don Miguel Ruiz, and his curandera (healer) grandmother, Mother Sarita. As a teenager, he traveled to India to study with friends of his father, and at the age of twenty-three, he became the successor to the family lineage. In the tradition of his ancestors, don Jose has dedicated his life to sharing the teachings of the ancient Toltec. For the past ten years, he has been lecturing and leading classes across the United States, and at sacred sites around the world.Janet Mills is the founder and president of Amber-Allen publishing. She is the co-author, with don Miguel Ruiz, of six books in The Toltec Wisdom Series, creator of Ã¢â ¬Å“The Four Agreements for a Better LifeÃ¢â ¬Â• online course, and editor of Deepak ChopraÃ¢â ¬â„¢s bestselling title, The Seven Spiritual Laws of Success. Her lifeÃ¢â ¬â„¢s mission is to publish books of enduring beauty, integrity, and wisdom, and to inspire others to fulfill their most cherished dreams.

Reading spiritual enlightenment books frees my soul. I like to read don Miguel Ruiz, or his sons' books. They kick started my spiritual journey back in August 2016. I highly recommend these books for your collection so you can read, and re-read as needed. Do you want to time travel? Then READ! Get lost in the NOW...or should I say found.

Excellent read with descriptions of basic facts on living a full life in a fundamentally understandable and clear manner. I have sent copies already to friends and no doubt will be ordering more. Compact-- comprehensible-- cogent.

Such a revealing book. Truth is truth whether from an Aztec, Islamic leader, Christian, etc. This book gets to the heart of who we are, and what we're about. It meddles and disturbs the soul. So if you get this book be prepared to do some soul searching and discovery of your true inner self.

The chapters I have read are disappointing. More double-talk than educational. A lot of words that don't say much.

Wow! It brings together the original four agreements in a brilliant book about all the lies we have been fed our whole lives. The only way to get back to your real self and truly live well is to become aware of what you really belief, your truths. Stop believing how you should be and begin to belief in

your own perfection and that of everyone and everything around you.

I loved this book. If you want to change the world, this is a must read for you. don Miguel and don Jose Ruiz outdo The Four Agreements (if that’s even possible) with this book. Not only do they synthesize the Four Agreements but clearly show how The Fifth Agreement is an integral component to changing ourselves, thus in changing the world.

A lot of "self help " books are out there. This book, if read carefully and mentally digested properly will be a positive addition to one’s life.

Amazing follow up. :)I will read... and re-read. :)

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